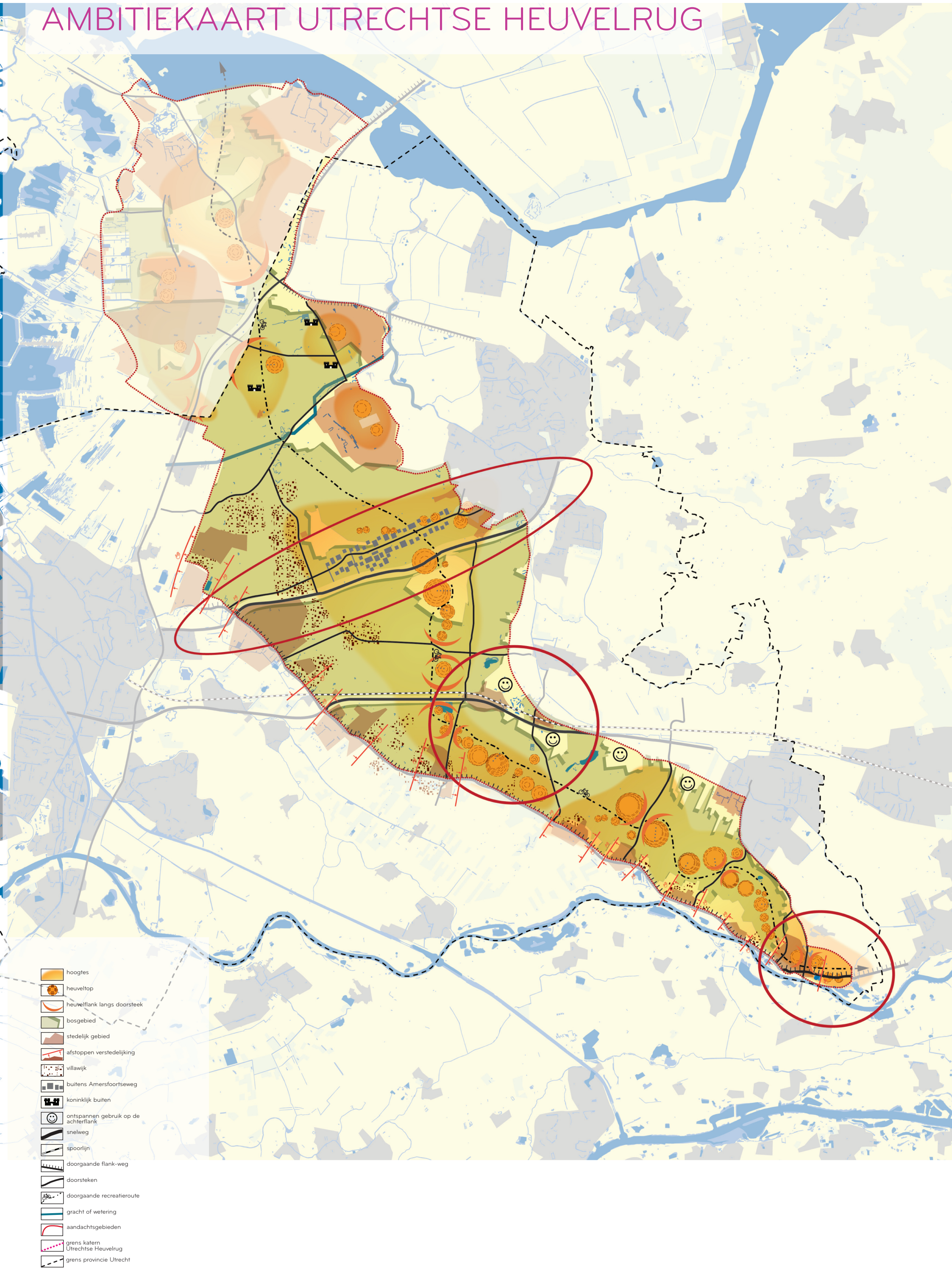AMBITIEKAART UTRECHTSE HEUVELRUG